

# Body+Beauty Lab®

## AQUAGOLD® FINE TOUCH™

AquaGold® fine touch™ treatment allows for pain-free delivery of treatment under the dermis to improve skin quality and skin health. Each device comes sterile packed and the procedures are performed in a safe and precise manner. Each procedure is normally completed between 20 - 30 minutes depending on the anatomical site and the treatment being used.

### PRE-TREATMENT CARE

1. No area to be treated should receive any type of chemical peel for 2 weeks prior to or after the treatment.
2. Sun exposure and/or usage of a tanning bed, including self-tanning products must be avoided for a minimum of 1 week before treatment. Treatment within 24 hours of prolonged sun exposure (natural sunlight, artificial tanning booth, or sunless tanning products) may result in hypopigmentation (white spots) or hyperpigmentation (dark spots) that may not clear for several months or may even be permanent. AquaGold® will not be administered on sunburned skin.
3. Waxing and/or use of chemical depilatories must be avoided for 2 weeks prior to and after AquaGold® fine touch™ treatment. Shaving is allowed immediately before treatment and 2-3 days after treatment, as long as there is no skin irritation.
4. No area to be treated should receive any type of Chemical Peel for 2 weeks prior to or after treatment.
5. Retin-A®, Renova and Tazorac must not be used for 1 week prior to treatment.
6. Area to be treated must be clean and free of any lotion, makeup or sunscreen. Please wash off and remove completely prior to treatment.
7. AquaGold® fine touch™ treatment will not be performed if you are under the age of 18, pregnant or breastfeeding, or are allergic to any of the ingredients.
8. Notify Body+Beauty lab of any tattoos, including cosmetic tattooing, in the vicinity of the area to be treated as tattoos must be avoided.
9. If you have a history of cold sores, we may recommend prophylactic antiviral therapy prior to your treatment.

### POST-TREATMENT CARE

1. You should wait 6 hours post treatment before cleansing the face (with a gentle cleanser) or applying a mineral makeup.
2. After 24 hours you may follow up with your normal skin regimen.
3. You may resume daily activity immediately after treatment.
4. Sleep on your back with your head elevated slightly to reduce any swelling.
5. A sunburn-like effect is normal for the first day and the treated area may appear pink but will resolve within a few hours.
6. Skin may feel tight, swollen and sensitive to touch.
7. Avoid direct sun exposure for at least 2 weeks after treatment and use a physical sunscreen of at least SPF30 at all times.
8. Do not use exfoliating skin care products or medications, or active chemicals acids on the treated areas for at least 2 weeks.
9. Refrain from rigorous exercise that causes sweating, sauna or steam rooms for at least 1 week.
10. For best results and efficacy, we recommend maintenance treatments every 3-4 months.